

GRIID Participated in 75 Crore Suryanamaskar Mission organised by Govt. of India

GRIID students participated in 75 Crore Suryanamaskar Mission organised by Govt. of India supported by Ministry of AYUSH and Fit India on the occasion of 75th anniversary of Independence of India. Students participated enthusiastically in performing Suryanamaskar for 21 days from 27.01.2022 to 19.02.2022. The 250 participants in total were registered for the event from GRIID school and HRD. Teachers-Ms. Manisha Sharma and Ms. Parineeta Jindal-were the co-ordinators of the event.



Students of different classes shared their asanas of Suryanamaskar through videos.

Supported by

75
Azadi Ka
Amrit Mahotsav

75
Crore Surya Namaskar
Certificate

750 Million
Suryanamaskar

Gauri

has participated in the 750 Million Suryanamaskar challenge for 21 days organized on the auspicious occasion of the 75th anniversary of Independence of India - Azadi Ka Amrit Mahotsav.

Hon. Patrons

 Daaji Global Guide, Heartfulness	 Swami Ramdev President, Patanjali Yogpeeth	 Swami Govind Dev Giri Founder, Geeta Parivar
 Ekta Boudierique Secretary	 Chaitanya Kashyap Vice President	 Dr. Jaideep Arya President, Event Committee
Central Organising Committee www.75suryanamaskar.com		

Organised by

Participants were given e-certificates for participation. In photo: E-certificate of Gauri- a student of Primary B - GRIID school.