

GRID students won medals in various games at the National Level held at different places

Powerlifting Nationals from 26th to 29th February, 2024

Jaskaran and Nitin participated in Powerlifting Nationals from 26th to 29th February, 2024 at Kanpur. They won medals.



Golf Nationals from 3rd to 7th March, 2024

Bulbul Dhingra participated in Golf Nationals from 3rd to 7th March, 2024 at Gurgaon



Table Tennis Male Nationals at Chandigarh from 4th to 8th March, 2024

Shankar and Tejinder participated in Table Tennis male nationals at Chandigarh from 4th to 8th March, 2024 at Table Tennis Hall, sector 23 Chandigarh. Shankar won bronze and Tejinder won 4th place.



Table Tennis Nationals from 8th to 15th March 2024

Diksha Kaushik participated in Table Tennis Nationals from 8th to 15th March 2024 and won a bronze medal at Hoshiarpur. Her coach was Ms Sheetal Negi.



Cycling Nationals held at Panchkula from 18th to 22nd March, 2024

Gurpreet and Dipanshu won silver and bronze medal in cycling Nationals held at Panchkula from 18th to 22nd March, 2024.



National Championship of Judo at New Delhi from 26th March, 2024 to 01st April, 2024

National Championship of Judo was held at New Delhi from 26th March, 2024 to 01st April, 2024. A total of 35 boys and 14 girls participated from 09 states in India. GRIID students Vandana and Jaskaran were a part of Chandigarh team of Judo. Vandana and Jaskaran won silver and bronze medals respectively in the Championship. Ms Anisha Ahuja accompanied them as coach.



Lawn Tennis Nationals from 26th to 31st March 2024 at New Delhi

GRIID students Jaskaran and Tushar along with Aditya participated in Lawn Tennis Nationals from 26th to 31st March, 2024 at New Delhi. Jaskaran won bronze medal and Tushar alongwith Aditya secured 4th place.

