

Govt. Rehabilitation Institute for Intellectual Disabilities (GRIID)

Sector-31C, Chandigarh-160047

GRIID-TIMES



QUARTERLY NEWSLETTER
October-December, 2024

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Dear Readers,

I am immensely pleased to present the year's concluding newsletter, October-December 2024. All the sections of GRIID contributed, participated in activities, held events, and organised programs throughout the year. It is a matter of pride that Hon'ble Punjab Governor and U.T. Administrator, Shri Gulab Chand Kataria, visited GRIID twice and appreciated the work performed by its staff for the rehabilitation of persons with intellectual and developmental disabilities. Students from Special school took part in various events hosted by the school and other Organisations.

On International Day for Persons with Disabilities (03rd December), GRIID hosted the North Zone Cricket Tournament. Special school students, including the girls' team, performed exceptionally well. Additionally, the Clinic organized diagnostic camps at different locations. Two (02) GRIID students also got placed in one of the prestigious hotels of Chandigarh, Hotel Taj.

GRIID also hosted Rehabilitation Council of India (RCI) Chairperson Ms. Sharanjeet Kaur interaction cum visit with all the institution/NGO's operating in Punjab and Himachal Pradesh. Several critical issues were discussed in interaction cum visit of the Chairperson. College students also participated in various sports events, cultural programs, and youth festivals organised within this period. Various days of significance and National importance, like Vigilance Awareness Week, World Meditation Day, Gandhi Jayanti, and Diwali, were also observed and celebrated.

Through further issue of **GRIID-TIMES** in the new year, we do hope that we will come up to the expectations of our readers, stakeholders, and service seekers.

Wishing all a happy reading and a great year ahead!

Best Regards,

Dr. Ajeet Sidana

GRIID- SPECIAL SCHOOL ACTIVITIES

GRIID School students participated in a Dance Competition

Muskan Charitable Trust Katra and Shrine Board Katra Jammu & Kashmir on 07th October 2024 organized the Navratra Festival. Divyang children from different States or the country gave captivating performances in the program.



Eight students, namely, Sahib, Tushar, Mahavir, Mayank, Diksha, Yashika, Vandna and Puja from GRIID Chandigarh under the supervision of Ms. Ashima Sharma, Music Teacher, and Ms. Sheetal Negi Sports Coach enthralled the audience with their performance.

The Chief Guest and the Special Guest honoured the children by giving them silver coins, mementos, and certificates, and also

spent a lot of time with them. On 8th October, all the participants were taken both ways by E-Vans to have the darshan of Mata Vaishno Devi followed by langar prasad.

Visit of Hon'ble Governor Punjab & U.T. Administrator Shri Gulab Chand Kataria to GRIID

Punjab Governor and UT Administrator visited GRIID Sh. Gulab Chand Kataria visited GRIID on October 4th, 2024. He visited various classes of GRIID special school and was impressed by the work done for persons with Intellectual disabilities (PwIDs).



He made his second visit with Sh. Anil Kumar Monga (a renowned Philanthropist) on 7th October, within 48 hours of his first visit. Mr. Monga assured his assistance in marketing products prepared by Special students of GRIID, like sanitary napkins and masalas.

Prof. AK Attri, Director, and Dr. Ajeet Sidana, Joint Director, GRIID, and other officials accompanied them during the visit.

enjoyed by all GRIID school students.

Inauguration of “B” BLOCK Extension at GRIID

Chief Secretary, Chandigarh Administration, Shri. Rajeev Verma (IAS) inaugurated the newly extended B-block of GRIID followed by Tree plantation activity in sensory garden area in the premises.



Drawing Competition and Magic Show

GRIID school students participated in the drawing competition organised by Inner Wheel Club, Chandigarh. The competition had group divisions, and the prizes for the drawing competition were also given accordingly.

The above program was organized on 22nd October, 2024, followed by a magic show

Diwali Celebration



GRIID organized a Diwali celebration

program on 28th October 2024 in its premises before autumn break. All the officials, special students, and college trainees performed a cultural program.

North Zone Cricket Tournament on the Occasion of International Day of Persons with Disabilities (03rd December)

In view of International Day of Persons with



Disabilities (3rd December). GRIID Chandigarh organized North Zone Cricket Tournament of Persons with Intellectual Disabilities from 01st to 03rd December 2024. The inauguration ceremony was held in the Maharaja Yadavindra International Cricket Stadium, Ground-B, Mullanpur, New Chandigarh, wherein Sh. Ajay Chagti (IAS), Secretary Medical Education & Research, Chandigarh Administration, was the Chief Guest. Sh. Mukesh Bansal, Plant Head, Swaraj Engines Ltd, Mohali, was the Guest of Honour of the event. The Chief Guest greeted the team players of the ten participating schools in this cricket

tournament. Different teams from the Northern Region, like;

S. No.	Name of Team(s)	State
1.	Arpan Institute for Mentally Handicapped	Haryana
2.	Tapovan Manovikas Kendra	Rajasthan
3.	GRIID	Chandigarh
4.	Aastha Special School	Himachal Pradesh
5.	SOREM	Chandigarh
6.	Sweet Voice Special School	Rajasthan
7.	Pehal	Punjab
8.	Tapan	Haryana
9.	Khushboo Welfare Society	Delhi
10.	Hope	

15 league matches were organized in five cricket grounds across Chandigarh for 10 teams in including 2 teams of girls.



The closing ceremony was held at Govt. Model School, Sector-32, Prof. A.K. Attri,

Director-GRIID, as the Chief Guest. Pehal, Amritsar, won the final match. Prof. Attri congratulated all of the teams that took part and declared that they were all winners because they all played with a genuine spirit of healthy sports. Other authorities, including the Joint Director, attended the event. Hotel Taj and Swaraj Engines Ltd. provided support for the program.

World Meditation Day

On 21st December, 2024, GRIID Special School commemorated two occasions:

- **World Meditation Day**
- **Christmas Celebrations**

In 2024, the first year the United Nations General Assembly declared December 21st World Meditation Day, GRIID school took the initiative to educate staff and students about the benefits of meditation.



An approximately 10-minute meditation program was organized where the importance of Meditation and its benefits

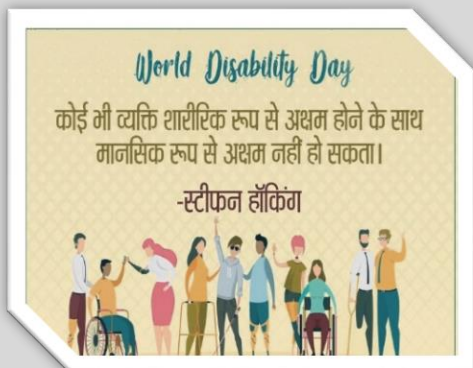
were shared with the participants, followed by a meditation session on live music of flute by music teacher, Mr. Romi Kumar. Yoga therapists of GRIID Dr. Parineeta Jindal and Ms. Manisha Sharma conducted the program.

Christmas Celebrations

GRIID school celebrated Christmas on December 21, 2024. Students from different classes performed music and dance in both solo and group. A few pupils wore vibrant costumes and Santa crowns. Toffees were given out by Santa Claus. Juices and muffins were given to the pupils.



This event was planned by special educators Ms. Ashima, Ms. Manisha Sharma, Ms. Anisha, Ms. Alpna, and Ms. Raman.



GRIID- CLINIC ACTIVITIES

Diagnostic Camps

In order to assess ID and SLD in November and December 2024, many camps were organised at different Govt. Schools in Chandigarh, in cooperation with the Department of Psychiatry, GMCH, and GRIID Clinic under Samagra Shiksha, Chandigarh. On 11th November, 2024, first camp was held at GMSSS, Sector-33D, Chandigarh. 04 IQ certificates were given, and 28 patients were assessed in this camp.



On 18th November, another camp was conducted at GMSSS-16, Chandigarh,

wherein 02 IQ certificates were given and 22 patients were assessed.



On 25th November, the next camp was held at GMHS-20D, Chandigarh, where 27 patients had their IQ assessed.



At GMSSS, Sector-40, Chandigarh camp was held on 23rd December. 27 patients were assessed for IQ and 4 were given certificates.

Job Placement Under Community-Based Rehabilitation (CBR) Services

02 students with Intellectual Disability from GRIID have been successfully employed at Hotel Taj, Chandigarh, and they commenced the duties from 5th December, 2024.



a very beautiful and colorful poster which included amazing pieces of art as well as very inspirational quotes.



Training for NSS Volunteers under PM Surya Ghar: Muft Bijli Yojana

A special training program under the PM Surya Ghar Muft Bijli Yojana (NSS) was organised on 10th October 2024 in collaboration with the Chandigarh Renewable Energy Science and Technology Promotion Society (CREST). NSS volunteers of College Ms. Diya, Ms. Ritu Sharma, Mr. Aditya and Ms. Kashish Chauhan B.Ed. Spl. Edu. participated in the training program. The session was led by Mr. Sukhwinder Singh, who aimed to educate volunteers on the basics of solar energy systems and the benefits of adopting solar power for households. During the presentation, he provided detailed information on the cost and subsidy structure of the solar energy system. He also demonstrated the online registration process for solar installations, encouraging maximum participation in this Government



GRIID- COLLEGE OF SPECIAL EDUCATION ACTIVITIES

Poster Making Competition on Gandhi Jayanti

On 01st October, 2024 in College GRIID, a poster making competition was organised on the occasion of **Gandhi Jayanti (02nd October)**. 18 Students of D.Ed. and B.Ed. Special Education (ID) participated in the competition and made

scheme.

Visit/ Interaction of Chairperson Rehabilitation Council of India (RCI), New Delhi at GRIID

On 11th October, Chairperson of the Rehabilitation Council of India (RCI), New Delhi, made her first official visit to GRIID. A meeting took place in the conference room of GRIID. The interaction/meeting's main goal was to talk about the difficulties facing NEP, 2020.



Fifteen professionals from ten different institutes, colleges, and Universities were present at the meeting. Eligibility

requirements for a B.Sc. in Clinical Psychology were also discussed during the meeting on faculty recruitment norms, the proposal to extend the duration of the DESCE course to better prepare students with the skills and knowledge they need, and the proposal to grant the RCI CRR to senior professionals actively working in the field of Clinical Psychology.

Youth Fest-Zonal Youth and Heritage Festival, Panjab University

The Panjab University Youth Festival is a vibrant celebration of culture, talent, and creativity, bringing together students from various colleges affiliated with Panjab University, Chandigarh.

This year's Panjab University Youth Festival features a wide range of competitions across multiple categories, allowing students to showcase their artistic, literary, and cultural talents.

Some of the College students from GRIID participated in these events, like skit, debate, quiz, pottery, poster making, cartoon making etc.



Ms. Anchal, a B.Ed. Special Education (ID) semester-3rd student from the College recited a beautiful self-written poem and secured 2nd position, which showcased her hard work and talent.

The poem, titled;

‘इस उम्र में’

**“कोशिश करो, अपने अंदर एक ऐसा समुद्र खोद लेना
ताकि किसी को तुम्हारी गहराई नापने से डर लग
सके”...**



Diwali Celebration

On 28 October 2024, GRIID College

organized a vibrant Diwali celebration, which showcased the spirit of unity, creativity, and joy. The event commenced with a Rangoli and Diya Decoration Competition, setting the tone for a spectacular afternoon.



Vigilance Awareness Week

GRIID College observed the Vigilance Awareness Week in which, pledge was taken by the faculty & students in the GRIID campus on 28th October.

A Quiz was also organised wherein 5 teams has taken part Certificates were distributed to all participants by the Course Coordinator Dr. M. Karrupasamy and faculty members.

76th Annual Athletic Meet in Panjab University

76th Panjab University Annual Athletic Meet was held on 08th November 2024, wherein,

800-meter run was held at the Sports Complex, Sector-7. Aditya student of B.Ed. Semester-4 won gold medal.



International Day for Persons with Disabilities Day-03rd December

As part of the Special School Cricket Tournament, College Students and Staff acted as volunteers and committee members, extending every possible support for the successful completion of the three day event. The students of GRIID College played a vital role in ensuring the smooth conduct of the event. They were actively involved in organizing and managing the cricket tournament, helping with the logistics, setting up the venues, and coordinating with the teams. Many of the students volunteered as event coordinators, guiding teams to their designated areas and assisting in the management of the event

schedule. Their hard work contributed significantly to the overall success of the tournament.

Langar on the occasion of Veer Bal Diwas

To commemorate the sacrifices made by the youthful Sahibzaades (the sons of Guru Gobind Singh Ji) for the defence of justice and fairness, GRIID College

has arranged a Veer Bal Diwas event for 23rd December, 2024. The occasion was full of solemnity and excitement, which reflected the importance of this day. The film "**Chaar Sahibzade**," which poignantly depicts the sacrifices made by Guru Gobind Singh Ji's four sons, was screened to begin the celebration. All of the students watched this film, which helped them fully comprehend the Sahibzaades' bravery, heroism, and selflessness.

Following the film, D.Ed. Special Education (ID) 2nd year students Harleen and Hemlata gave a speech.

They emphasised the significance of Veer Bal Diwas, highlighting the young martyrs'



heroic deeds and their steadfast adherence to beliefs, which inspires generations to come. They spoke with reverence for the sacrifices made by these young heroes, and they urged everyone in attendance to find courage in their bravery.

The event concluded with a community Langar organized by the students of the D.Ed. second year. The Langar was served to all the attendees, fostering a sense of unity and togetherness.
