

GRIID school students participated in NORTH INDIA YOGASANA SPORTS CHAMPIONSHIP

Fifteen (15) GRIID special school students participated online in North India Yogasana Sports Championship 2025-26 held from 12th to 14th December 2025, at Palwal (Haryana). The Championship was organised by Yoga Asanas & Sport Association of Palwal, Affiliated to Haryana Yogasana Sports Association, Recognised by Ministry of Youth Affairs & Sports, Govt. of India In association with Maharishi Patanjali Yoga Sansthan (Regd.) Palwal.

The recordings of each student-participant's asanas performed from the given syllabus of the yogasana championship and also of his/her own choice, were sent to the organiser. Each participant received the Certificate of Participation. Dr Parineeta Jindal, Yoga Therapist, co-ordinated for this Championship from GRIID.



Some student-participants with their certificates (in the photos), they were happy to receive certificates. Students had performed very well.