

**GOVT. REHABILITATION INSTITUTE FOR INTELLECTUAL
DISABILITIES (GRID)
SECTOR-31C, CHANDIGARH-160031**

GRID-TIMES



**QUARTERLY NEWSLETTER
June-September, 2024**

EDITORIAL- GRID NEWSLETTER

Empowering Individuals with Intellectual Disabilities: *Breaking Barriers at GRIID*

“Everyone has special talents, and it is our duty to find ours and use them well.”

John Templeton

Children with intellectual disabilities (ID) are not behind normal children for non-academic extra-curricular activities if given the right platform and opportunities.

To substantiate this, students of GRIID School participated in the various events and showed their talents. Here is the glimpse of activities.

A **summer camp** was organized from 03rd to 14th June 2024 for students of GRIID School and students participated enthusiastically in various activities like art and craft activities, dance, indoor games and music. GRIID school and college students together participated in **International Yoga Day, 2024** in an event of Chandigarh Administration at Rock Garden. These special children are equally aware about the need of healthy environment by planting 100 saplings under tree plantation drive on 5th July.

GRIID Special Students selected for Bowling and Bocce National games. GRIID Special School students participated in the **Unified Handball friendly match** organised by Special Olympics Bharat. Students also participated in the Cerebral Palsy State Athletics Championship held on 28th August 2024 at Sports Complex Sector-7C, Chandigarh wherein students won silver and gold medals. There is a long list of activities of GRIID School students.

GRIID School teachers were also awarded with commendation certificate for their meritorious services in GRIID.

Similarly, the students of GRIID College participated in the environment friendly drive of **‘Ek Pad Maake Naam’** by carrying out tree plantation drive at GRIID campus. College students also celebrated **‘Har Ghar Tirnga’** awareness by organizing Tri-color food competition and organizing Unified Bike rally.

(03) Three three-day National-level Workshop was organized by the GRIID College on the occasion of the 26th Annual Day of the institute from 28th-30th August 2024. More than 100 professionals across Chandigarh and nearby states like Punjab, Himachal Pradesh, Haryana, Jammu Kashmir, and Uttar Pradesh participated in the workshop.

GRIID College organized various sports, academic and social activities during July to September, 2024.

We as team GRIID believe that this quarterly newsletter will be useful for the readers.

Jai Hind !

Prof. Ajeet Sidana
Joint Director
&
Chief Editor
Newsletter

Dr. M. Karuppasamy
&
Dr. Bibhakar Vishwakarma
Editors
Newsletter

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GRIID-Special School

A Summer Camp was organized from 03rd to 14th June 2024 for students of GRIID Special School. Some art and craft activities were conducted like thumb painting, diya painting, dance, sports, indoor games, coloring, and music. On the last day i.e. 14th June fancy dress competition was organized. Prizes were distributed along with refreshments to all students.



Visit of Special Students to Singapore Carnival Chandigarh under Special Olympics Bharat

A visit of special needs students was organized by Special Olympic Bharat to Singapore Carnival Chandigarh on 26th June. Ms. Sheetal Negi, Sports Coach was the staff responsible for organizing the event. Special Needs students enjoyed every bit of the visit.

International Yoga Day, 2024

GRIID school and college students almost together participated in International Yoga Day, 2024 in an event of Chandigarh Administration at Rock Garden. Almost 50 students including college students, participated. Ms. Manisha Chopra, Yoga Therapist, GRIID was the nodal officer for said event.



Tree plantation drive in collaboration with HDFC Bank

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GRIID special need students participated in tree plantation drive organized by HDFC bank on 5th July. Total of 100 saplings of different trees were planted in premises of GRIID. Dr. Priti Arun, Joint Director, Ms. Vandana Singh, Officiating Principal, and other GRIID staff members actively participated in this activity and appreciated HDFC Bank's efforts. It was heartwarming to see the special children enthusiastically participating in the plantation activity. Ms. Usha and Mr. Ravinder Special Educator, co-ordinated this activity.



GRIID Special Students selected for Bowling and Bocce National games

GRIID Special school students Kunal, Seema and Sumit got selected for National games. Kunal and Seema were selected for Nationals in Bowling at New Delhi. Sumit was selected for Nationals in Bocce at Gwalior. These games were especially organised for lower ability group on 3rd August, 2024.



GRIID Special School students participated in the Unified Handball Friendly Match organised by Special Olympics Bharat. GRIID special school students played a unified handball friendly match with other school at Ankur School in collaboration with the special

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olympics bharat Chandigarh
Chapter. The match was played on
9th August, 2024. Ms Sheetal Negi
was the accompanying sports
coach.



GRIID special students featured in Special Olympics Bharat Bulletin

GRIID special students were featured in Special Olympics Bharat bulletin January – April, 2024. Students who participated in recreational games, cultural program and other events organised by Special Olympics Bharat were shown in this bulletin.



Special Educator and Sports Coach awarded State Award for meritorious service in GRIID and Chandigarh



On the occasion of the
Independence Day Celebrations

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2024 at Parade Ground, Sector 17, Chandigarh, Ms. Anisha, Special Educator was awarded State Award for meritorious service in GRIID. Ms. Sheetal Negi, Sports Coach was awarded a Commendation Certificate (State Award) in the field of Social Service. Both of them received awards from the Honourable Governor Punjab and Administrator U.T Chandigarh Shri Gulab Chand Kataria ji.

Certificate of Appreciation awarded to GRIID for International Day of Yoga on 21st June 2024

Shri. Ajay Chagti, Secretary Health (IAS), Chandigarh Administration awarded the certificate of appreciation to GRIID for 10th International Day of Yoga (IDY) held on 21st June 2024 for the commendable initiative to impart training of common yoga protocol and continuous efforts to make the

yoga as part of daily lifestyle in U.T. Housing Board, Sector-9, Chandigarh. Ms. Manisha Sharma (Yoga therapist cum Nodal officer of IDY from GRIID) and Dr. Parineeta Jindal, Yoga therapist at GRIID received the certificate. Director AYUSH of Chandigarh and yoga experts of various participating institutes/organizations were also present in the above program.



Independence Day was celebrated with enthusiasm by GRIID students and staff. GRIID school students participated in the March past and dance in Independence Day celebrations organized by the U.T. Administration. GRIID School and staff also celebrated Independence Day in its premises. GRIID student participants were invited for “**AT**

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HOME” function organized by Punjab Raj Bhawan and U.T. Administration Chandigarh.

Prof. A. K. Attri awarded commendation certificates to the students and staff of special school and college for excellence in their work at GRIID.

Following is the list of students & officials:

9.	Anita	M.Ed. in Special Education (ID) (2022-24)
S.No	Name of Officials	Department
1.	Ms. Sumegha Gautam	Vocational Instructor
2.	Ms. Shahnaz Khan	Assistant Professor
3.	Ms. Poonam	DEO
4.	Mr. Chandrika Prasad	Gardener
5.	Ms. Bimla	(Supportive staff (Aaya)

S.No.	Name of Students	Department
1.	Prabhdeep Singh	Art & Craft
2.	Yashika Punj	Pre-vocational 4
3.	Dipanshu Puri	Secondary-B
4.	Akriti	Preparatory - 1
5.	Yashika Punj	Art & Craft
6.	Dipanshu Puri	Pre-vocational 4
7.	Priyanka	D.Ed. in Special Education (ID) (2022-24)
8.	Sweta Awasthi	B.Ed. in Special Education (ID) (2022-24)

Various events were also organized to celebrate Independence Day like flag hosting, cultural programs, and distribution of sweets.



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In the evening, a felicitation ceremony was hosted by Hon'ble Governor and Administrator Chandigarh named as “**At Home**” function at Punjab Raj Bhawan wherein 03 (three) GRIID Special Students- Gorav, Anjali, and Yashika with GRIID Special Educator Ms. Reetika Thakur. The event was followed by cultural program and High Tea.



GRIID special students won medals in Cerebral Palsy State Athletics Championship

GRIID Special Students participated in the Cerebral Palsy State Athletics Championship held on 28th August 2024 at Sports Complex Sector-7C Chandigarh wherein students won silver and gold medals. The event was

organised by Para Sports Society of Chandigarh. Ms. Anisha was the coordinator of this event. GRIID College students Aditya, Harish and Manish were the volunteers for this event.

Dr. Priti Arun, Joint Director, GRIID, Mr. Kashmira Singh, General Secretary of Para Sports Society of Chandigarh, Mr. Jaspal Sharma, Administrative Officer, Mr. Genda Lal, Superintendent (E) and Ms. Vandana Singh, Officiating Principal congratulated the students.



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GRIID-Clinic

Disability Assessment/Diagnostic Camps

GRIID Clinic has organized camps for Blind children at Institute for Blind in Sector-26, Chandigarh. Psychologists were deputed to provide their services in the school. Details of Camps conducted in schools are as follows:-

S. No.	Date	Location
1.	22 nd July 2024	Blind School Sector-26,Chd.
2.	29 th July 2024	Blind School Sector-26,Chd.

Assessment was done, and IQ certificates were issued to the children with Intellectual Disabilities in these camps. In camp, 22 cases were assessed, and 04 IQ certificates were issued. The parents were also counseled for other benefits.



The PCP Practical/Theory sessions were conducted for students enrolled for Stream I Block-II, NIOS, Secondary Education for the subject Data Entry Operations - 229 & Basic Computing- 608 by the IT section.



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Community Based Rehabilitation (CBR) activities of GRIID-Screening of child with developmental disabilities at Anganwadi Center in Ramdarbar, Chandigarh, conducted by the CBR In-charge of GRIID. Regular community visits were made under the CBR activities of GRIID. Screened/suspected children were referred to GRIID for further diagnostic and detailed assessment. Parents were also counselled and awareness was generated from time to time.

GRIID-College of Special Education

Students of the College has participated in International Day of Yoga, celebrated annually on 21st

June, to promote the physical, mental, and spiritual benefits of practicing yoga.

This year marks the 10th anniversary of the event, organized by Chandigarh Administration at Rock Garden. The celebration was divided into two parts: rehearsals on 19th June and the main event on 21st June.

Lok Sabha Elections-2024

College of Special Education students act as volunteers of the National Service Scheme (NSS) and play a significant role in ensuring the smooth conduct of these elections. During these Lok Sabha elections, NSS volunteers were engaged in various activities at KV School in Sector 31, Chandigarh. Activities including voter assistance, assisting elderly and disabled voters to polling stations, providing directions and



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helping voters locate their respective polling booths and ensuring the orderly movement of voters to prevent overcrowding and maintain social distancing.



Orientation of D.Ed. Special Education (IDD) new batch (2024-2026)

Orientation was attended by newly enrolled students in D.Ed. (IDD) along with faculty members and the Dr. Priti Arun, Joint Director on 15th July 2024. The orientation's main objective was to make the students aware of the institute's historical and academic aspects, rules and regulations. Dr. Priti Arun extended a welcome address to students on behalf of the institution, students were asked to introduce

themselves. After the introduction, detailed discussion was initiated the Institute's origin, historical aspects, and further introduced the Faculty Members to the Students. Orientation was concluded with encouraging students to achieve their full potential by using the resources provided by the institute.

Tree Plantation Drive in GRIID

On 15th July 2024, a tree plantation drive was organised by NSS Unit under 'Ek Ped Maa Ke Naam' Campaign. The initiative aimed to increase the greenery in campus and promote environmental awareness. This drive was organised in collaboration with the Chandigarh Forest Department, which provided free saplings for participants to plant in honor of their mothers. Saplings of various types, including flowering plants, medicinal plants, fruit trees, and

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shade-giving trees, were distributed.



Teej Celebration

On 7th August 2024, College students enthusiastically celebrated the festival of 'Teej'. The celebration started with a morning assembly that aimed to raise awareness of the importance of this festival. 3 students from B.Ed. 2nd Year Gurleen Kaur, Anchal, Harman, and 2 students from D.Ed. 2nd Year Shubham and one from D.Ed. 1st Year Tanu shared their thoughts regarding Teej.



In the afternoon, a Mehendi competition was held in which eleven students from all courses M.Ed., B.Ed., and D.Ed showed their talent in applying Mahendi. The result was as follows:-

S.No.	Name of Students	Position	Class
1.	Anjuman	1 st	D.Ed. 1 st Year
2.	Manan	2 nd	
3.	Bharti	3 rd	

Winners were given appreciation certificates and the rest were given participation certificates.

Har Ghar Tiranga Awareness Activities-

- Tri-Color Food Competition on 12th August 2024

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- **Unified Bike Rally-14th August 2024**

Tri-Color Food Competition on (12th August 2024)

On the occasion of the 78th Independence Day, the College of Special Education organized a Tri-Color Food Competition to spread awareness of Har Ghar Tiranga under Ms. Niharika, Asst. Prof GRIID as activity of NSS. NSS Volunteers from D.Ed. and B.Ed. participated in this competition showing their patriotism and readiness to make the event successful.

Unified Bike Rally (14th August 2024)

In another event, GRIID College organized a Bike Rally to spread awareness of Har Ghar Tiranga under the supervision of Ms. Niharika, Asst. Prof as activity of NSS. It was an inclusive rally where the students with disabilities

showed patriotic emotions for the Country. Dr. M Karuppasamy, Course Coordinator flag off the bike rally. Rally has covered Sectors - 31 and 32.



**MEGA BLOOD DONATION CAMP**

"STRENGTHENING COMMUNITIES IN TIMES OF DISASTERS & CLIMATE CHANGE"

VENUE: Blood Bank Centre Nehru Hospital, PGI
DATE: 15th August, 2024

BENEFITS OF DONATING BLOOD WITH US

- Certificate of appreciation
- Donor's Card: This card will allow you to receive blood from PGI in an emergency at no cost.
- Refreshments to keep you energised
- Complimentary Health Checkup

HEALTH BENEFITS OF DONATING BLOOD

- Maintains Cardiovascular health
- May reduce the risk of developing cancer
- Stimulates blood cell production
- Maintains healthy liver
- Helps improve your mental health

SCAN TO REGISTER!

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NSS students of the college have contributed to blood donation camps organised from time to time in the tri-city.

National Workshop on Universal Design for Learning “Equity Performance in inclusive education for children with special needs”

Three days (03) of National Level Workshops were organized by the College on the occasion of the 26th Annual Day of the institute from 28th -30th August 2024. Ms. Anuradha S. Chagti, Secretary of Social Welfare, U.T, Chandigarh, was the Chief Guest for the said workshop. More than 100 professionals across Chandigarh and Nearby states like Punjab, Himachal Pradesh, Haryana and Jammu Kashmir, and Uttar Pradesh participated in the workshop.

A pre-workshop was conducted on 28th August on the theme of Early identification and assessment of children with disabilities. Eminent Professionals from NCERT, the University of Delhi, Amity University, and Panjab University were invited as resource persons for the said workshop. Resource Persons talked about the recent developments in the disability sector and they enlightened participants on the topics of NEP-2020, RPwD Act, 2016, Assessment/screening tools for children with disabilities, etc., Universal design for learning, etc.

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of the competitions were awarded prizes and certificates.



National Sports Day

National Sports Day was celebrated in the College on 29 August 2024 to honor the birth anniversary of Major Dhyan Chand, a legendary hockey player. The College organized various sports activities, including indoor games. Dr. M. Karuppasamy, the course coordinator, gave brief details about the significance of National Sports Day and the sports activities that need to be organized. Winners



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National Teachers Day

On the occasion of National Teacher's Day i.e. 5th September 2024, students of the College organized a program to remember the dignity and respect of teachers. College students organized various fun games for their teachers.

Youth Symposium

On the occasion of the 131st anniversary of Swami Vivekananda's historic Chicago speech, the Ramakrishna Ashram, Sector 15, Chandigarh, organized a Youth Symposium themed *"Role of Youth in Building a Strong Nation According to Swami Vivekananda."* The event witnessed participation from 162 students representing 27 colleges across Chandigarh and nearby areas. The symposium was held in

two phases first essay entries were collected first, and the top 15 were shortlisted for an elocution contest. The enthusiastic participation and valuable insights that were shared highlighted the enduring relevance of Swami Vivekananda's message to the youth of India. The event concluded with the distribution of *Prasad* to all attendees.

World Ozone Preservation Day

On the occasion of World Ozone



Day, the College organised a poster-making competition on 16th September on the Theme: ***"Advancing Climate Action"*** 2024 to spread awareness about the eco-friendly environment.

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Students from all the courses M.Ed., B.Ed., and D.Ed. took part in it with great zeal and excitement. There were a total number of 30 participants who immensely and creatively made the posters.



NSS Program Officer Award of Honour at Panjab University

On the occasion of National Service Scheme (NSS) Day i.e. 24th September. Dr. M Karuppasamy, Course Coordinator received the Best Program Officers award at Panjab University Chandigarh.

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